

MGR Chennai Central - Thiruvananthapuram Central SUPER AC Express/22207 - Raj - SR
MAS/MGR Chennai Central to ERS/Ernakulam Junction (South)

10h 30m - 700 km - 6 halts - Departs Tue,Fri

| # | Code | Station Name | Arrives | Avg | Depart s | Avg | Halt | PF | Day | Km | Spd | Elv | Zone |
|----------|------------|--------------------------------------------|--------------|-----|--------------|-----|------|----|-----|-----|-----|-----|------|
| 1 | MAS | MGR Chennai Central | | | 16:00 | | | 11 | 1 | 0 | 75 | 3 | SR |
| 2 | KPD | Katpadi Junction | 17:38 | | 17:40 | | 2m | 1 | 1 | 130 | 68 | 215 | SR |
| 3 | SA | Salem Junction | 20:28 | | 20:30 | | 2m | 0 | 1 | 335 | 63 | 280 | SR |
| 4 | ED | Erode Junction | 21:27 | | 21:30 | | 3m | 2 | 1 | 394 | 69 | 171 | SR |
| 5 | CBE | Coimbatore Junction | 22:58 | | 23:00 | | 2m | 1 | 1 | 495 | 29 | 412 | SR |
| 6 | PGT | Palakkad Junction (Palghat) | 00:07 | | 00:10 | | 3m | 3 | 2 | 551 | 62 | 78 | SR |
| 7 | TCR | Thrissur (Trichur) | 01:15 | | 01:18 | | 3m | 1 | 2 | 626 | 67 | 3 | SR |
| 8 | ERS | Ernakulam Junction (South) | 02:30 | | 02:35 | | 5m | 2 | 2 | 700 | 60 | 1 | SR |
| 9 | ALLP | Alappuzha (Alleppey) | 03:32 | | 03:35 | | 3m | 0 | 2 | 757 | 55 | 3 | SR |
| 10 | QLN | Kollam Junction (Quilon) | 05:07 | | 05:10 | | 3m | 0 | 2 | 842 | 35 | 11 | SR |
| 11 | TVC | Thiruvananthapuram Central (Trivandrum) | 07:00 | | | | | 2 | 2 | 906 | - | 7 | SR |